



Fat Dissolving Information & Aftercare

INFINI Premium Meso LipoMAX

(This is a CPNP Registered Product)



Infini LipoMAX is an innovative formula designed for aesthetic treatments that fight fatty tissue. LipoMAX can cause permanent dissolution of fat accumulation (lipolysis) & is currently one of the most effective and safest alternative to surgical liposuction.

INFINI LipoMAX is designed to break up fat cells and reduce visible fast deposits. Clients are advised to have 3-5 treatments every 3 weeks. Results will vary between clients depending on pre-treatment assessments, clients diet, lifestyle or metabolism.

The effects of the **LipoMAX** treatment appear gradually over the first few weeks. Their durability depends mainly on the lifestyle & diet used. To try & obtain the best permanent & optimal results, 3-5 treatments is recommended to be performed at intervals of 21 days.

Results take 2-4 months to be fully realised as the fat cells that have been destroyed slowly flush out of the system by the liver and kidneys into urine, this method means that there is no change to the blood cholesterol.

Composition:

Water (Aqua), Butylene Glycol Pentapeptide-25, Benzyl Alcohol, Sodium Hydroxide, Phosphatidylcholine, Caffeine, Carnitine, Sodium Deoxycholate, Theophylline, Polysorbate-80

Composition Explained:

- **Phosphatidylcholine** - an ingredient intended for the emulsification of adipose tissue, increasing the permeability of the membrane and facilitating the metabolism of excess fat from the body,
- **Caffeine** - an ingredient that stimulates and improves microcirculation, reduces cellulite and shows antioxidant properties,
- **Carnitine** - a natural component of the cells of the human body, necessary for the proper metabolism of lipids; facilitates the penetration of fats into cells by increasing the amount of energy in the hair matrix, resulting in faster hair growth; also recommended in the fight against cellulite,
- **Sodium deoxycholate** - degrades adipocyte cell membranes, facilitating faster breakdown of released triglycerides,
- **Biomimetic peptide** - Pentapeptide-25.



V Aesthetics Ltd is trading as Aesthetics by Vanessa. Registered in England. Company No - 13384120

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**Treatment HELPS with the following:**

INFINI LipoMAX's main ingredient is Deoxycholic Acid & can be used to treat the following areas:

- Therapy supporting fight against adipose tissue
- Cellulite
- Chin
- Hips
- Fatty tissue on arms, back
- Fatty tissue on the abdomen & so-called side folds
- Fatty accumulations on the inner & outer of the thighs & knees

Before Considering Treatment Please be aware:

- If you wish you can & it is advisable to purchase numbing cream from the & apply to area being treated at least 30mins prior to appointment as it can be painful in some areas of treatment when the needle is inserted
- Please drink at least half a litre of water immediately after the treatment.
- Please Fast until the evening of the day of treatment & the full morning of the next day after treatment this will help to decompose & discharge unused fat in the body, reducing the size of fat cells.
- For best results it is advised 3-5 treatments, each treatment every 21 days
- Massage treated area & to drink up to at least 2 litres of water per day throughout the course treatment.
- The cost of treatment depends upon how big of an area is to be treated & how many vials of product needed to cover the desired area in total. Generally, a small area is from £90 per treatment & a large area is from £150 per treatment but this will be discussed prior to booking.

Treatment is NOT Suitable to Clients with the following Medical Conditions:

- Any Allergy to any of the components of the product above in composition
- Pregnant or breastfeeding
- Inability to produce fat (lipodystrophy)
- Have an acute or chronic skin disease, skin infection in the affected area or in the skin overlying the treatment area are not suitable
- Clients with pathological conditions (Mycobacterium)
- Conditions that affect fat processing in your body
- Diabetic patients should avoid treatment as the potential complications of diabetes can complicate treatment.
- Epilepsy
- Diseases of the immune system: Clients with autoimmune conditions such as scleroderma should avoid treatment.





- Clients with severe liver disease should not be treated as the extra fat it has to process could overwork the liver. Clients with severe kidney disease are not suitable for treatment.
- Clients on blood thinning medication, in particularly warfarin, will almost certainly not be suitable for treatment due to the risk of severe bruising.
- Blood diseases associated with excessive bleeding
- Circulatory diseases
- Cancer
- Unstabilized thyroid diseases
- Heavily Overweight Clients

Prior to the appointment you may if you wish to could take pain relief as every one's pain threshold is different, but not ibuprofen as this causes bruising.

Fat Dissolve Aftercare:

- There may be itching, stinging, redness, or warmth in the treatment area post treatment. This will last between a few hours to a couple of days.
- Swelling and bruising are normal and can reside for several days post treatment.
- The skin may feel tender to touch.
- It is important to massage the area treated & drink plenty of water to help the body remove the excess waste. We recommend 1-2 litres per day.
- Avoid sun exposure or sunbeds for a week post treatment to reduce the chance of hyperpigmentation.
- A healthy diet & light exercise should be maintained throughout the course of the treatment.
- In rare cases, nodules, necrosis, abscesses, hematomas, or infection may occur. If you experience anything that concerns you, please seek medical attention immediately.
- Pressure garments may need to be worn to enhance the effects of the treatments for short periods of time.

During recovery, recommend that clients avoid:

- Swimming pools
- Spas & saunas for 3 days
- Physical exercise for 10 days
- Any other aesthetic treatments for 2 weeks



**Side effects and risks to be aware of:**

- People treated will typically experience minimal side effects when compared to more invasion procedures such as liposuction

Common side effects

- Redness, swelling, itchy skin, pain & tenderness in the treated area
- Some people experience some light bruising, but this and any other side effects will usually last about 4-6 days

Potential side effects

- Flushing
- Vagal response (drop in heart rate / blood pressure)
- Allergy
- Dizziness
- Nausea
- Necrosis
- Abscess
- Hyper-pigmentation
- Infections
- Could cause sagging of the skin in treated area

Hematoma is the most frequent side effect despite all the precautions taken. However, it can be easily masked by suitable make-up & can disappear within 4-6 days after the treatment.

If you experience anything out of the ordinary for you, as you know your own body better than anyone, & you are concerned, then common sense do not hesitate to seek medical attention immediately i.e. 111.

It is essential that you have read all the information available given by your practitioner.

Please do let your practitioner know if you have any questions or if you do not understand any of the aftercare instructions provided.

I will also get you to fill out a Medical History Form on my iPad etc to sign on the day as well as take a photo of ID if 25yrs or younger.





Treatment Form – Fat Dissolve INFINI Premium Meso LipoMAX

Title (Mr, Mrs, Miss, Ms.):

First Name:

Surname:

Address:

.....

Post Code:

Date of Birth.....

Home Tel: Mobile:

E-Mail: **(Please tick below to confirm you Agree to the following)**

I am voluntarily consenting Fat Dissolve Injections (Infini Premium Meso LipoMAX).

I also understand that I may require a series of 3-5 treatments, each treatment every 21days.

The cost of treatment depends upon how big of an area is to be treated & how many vials of product needed to cover the desired area in total. Generally, a small area is from £90 per treatment & a large area is from £150 per treatment but this will be discussed prior to booking.

I have been informed that treatment can take up to 4 weeks to start to notice any results.

I acknowledge that no written or implied verbal guarantee, warranty or assurance has been made to me regarding the outcome of the procedure. And I am aware that the Clinician can only work with each person’s individual anatomy & the results are not guaranteed as we are all not biologically identical (even twins) & we all have different host responses to medications, vaccinations & aesthetic treatments as we all have different metabolisms.

I understand that the treatment can cause mild to moderate stinging sensation in the treated area that can last up to 1-4 days.

I need to avoid hot baths and showers, saunas, steam rooms and public pools for 48 hours post treatment.

There is a small risk of infection of the treated skin area after the procedure, although this is not expected to occur due to the sterility of the medical devices used.

Other side effects include, bruising, swelling, hematomas and slight reddening of the area that may be present for up to 14 days.

I understand that stopping treatment at any time may cause the original symptoms to return.

I understand that individual results may vary, and no guarantees are made regarding the expected outcomes of this procedure. I am happy to proceed with this treatment on this basis.

I confirm that the treatment and product being used has been explained to me in full and that I am happy to proceed with the treatment on that basis. I have asked all questions that I may have and received all appropriate aftercare.

I understand that I am undertaking this treatment knowing the full facts, side effects, treatment outcomes and complications and I will not hold the clinic responsible should any issues mentioned above occur.

I give full consent to the use of my before and after images for marketing purposes. Images will be kept for 6 years and may be used in the event of a claim being brought against us. They will be stored on a password encrypted hard drive.

Under GDPR rule I understand that I have full access to all data held on me. This data will be held by the clinic for no longer than 6 years for insurance purposes, after which, digital information will be deleted permanently, and paper documents will be destroyed. All





information on myself is kept on password encrypted hard drives or locked in filing cabinets to which only selective staff members have access. None of my personal data will be sold or used for anything other than to provide the services of this clinic.

Please ensure you understand the potential complications and personal requirements of the Fat Dissolve injections procedure that have been indicated within this document.

I confirm that to the best of my knowledge that the information that I have supplied is correct and that there is no other medical information I need to disclose.

I understand that treatments and products is not an exact science and therefore that no guarantee can be given as to the results of the treatment referred to in this document. I accept and understand that the goal of this treatment is improvement, not perfection, and that there is no guarantee that the anticipated results will be achieved.

Any side effects which last more than 1-2 weeks you must contact your Aesthetic Practitioner who will give appropriate advice.

Anything else you feel I need to know?

My Studio is at my Home Address & contact details are as below.

Any further Questions, please don not hesitate to get in contact.

Clients with unattainable expectations are not suitable for treatment.

Managing Expectations.

Swelling cannot be predicted or controlled immediately after treatment as you may look swollen & bruised in areas treated.

If you are a serious worrier – Fat Dissolve Treatments are NOT FOR YOU!!

Results take patience - The Human Body is complex – Respect it & let it heal !!

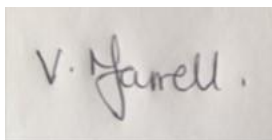
Can you please Read, fill in, sign & date below:

Once you have read and understood all the above, please, print, sign & date the declaration on the dotted line within the document attached, screen shot & send back via email for future reference.

Print Sign Date

Kind Regards

Miss Vanessa Farrell BSc Dental Therapist GDC 112960



Practitioner Signature If you have suffered a serious side effect, related to the medicine or product used (rather than the technique of the practitioner), you may report to The Medicines and Healthcare Regulatory Authority (MHRA) using The Yellow Card Scheme yellowcard.mhra.gov.uk

