



Can you please Read until the End, Fill in, Sign, Date Below & Bring with You on the Day of your Appointment:

AESTHETICS
BY VANESSA



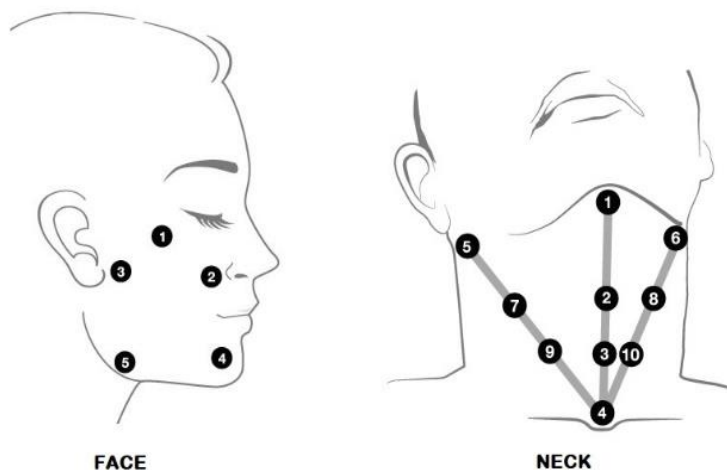
flair with care



PROFHILO Skin Booster & AFTERCARE

Profhilo is an injectable anti-ageing treatment made from hyaluronic acid for skin that is losing its elasticity and firmness with age. It can be used on the **face, neck, chest, arms, hands and knees**, or any part of your body where the skin shows visible signs of ageing.

PROFHILO® is the first stabilised hyaluronic acid (HA) based product that is manufactured without the use of chemical cross-linking agents (BDDE) and is used for skin remodelling and treating skin laxity, not for just filling lines and wrinkles. According to the makers, it delivers a dramatic improvement in tissue quality, even in challenging areas, and is complementary to other aesthetic treatments and dermal filler procedures.



**Benefits of Profhilo:**

Improvement in tissue quality
Skin remodelling
Treatment of skin laxity
Restore skin firmness

What does Profhilo contain?

IBSA's hyaluronic acid is an ultra-pure grade hyaluronic acid, produced through a patented bio-fermentation process, of *Streptococcus Zooepidemicus*, which ranks worldwide as "top quality" in terms of purity, safety, and its high resistance to thermal production processes.
3.2% – 16 mg (H-HA) + 16 mg (L-HA)/1 ml Hyaluronic acid sodium salt
3.2% – 32 mg (H-HA) + 32 mg (L-HA)/1 ml Hyaluronic acid sodium salt

- PROFHILO Composition:

Hyaluronic Acid Sodium Salt
Sodium hyaluronate
Sodium Chloride
Sodium Phosphate
Water for Injection

The formulation of HA with different molecular weights contained in PROFHILO is based on a concept of Hydrolift® Action. This innovative approach is aimed at counteracting the physiological reduction of HA in the skin, restoring hydration, elasticity, and skin tone, by associating, in a synergistic way, deep hydration with the mechanical action of lifting the skin.

HA is hydrophilic which means that it draws and retains water in your body, thereby acting as a hydrator rather than a filler that only fills in wrinkles and plumps the skin temporarily. Usually within 3-5 days, you can witness the first-hand transformation of tired and dull-looking skin to firm and luminous skin.

Profhilo® usually works to smooth and hydrate the skin from the very first treatment but results are more prominent after the second treatment as Profhilo® takes time to work. By having 2-3 treatment sessions, it allows the Profhilo® to remain in the skin for a longer time, resulting in a longer-lasting effect.

It takes time to stimulate new collagen and elastin production to naturally improve the plumpness, firmness, and elasticity of the skin. An initial cycle of two treatment sessions at 30-day (4 weeks) intervals is recommended, followed if necessary by maintenance treatments every 2 months (8 weeks).

However, it is suggested to evaluate the specific PROFHILO protocol according to the patient's degree of ageing.

How long does the result last for?

Results are usually almost instant from the first treatment. In general, results can last from 6 to 9 months and in some instances even up to one year depending on individual skin type factors, such as age, and lifestyle.

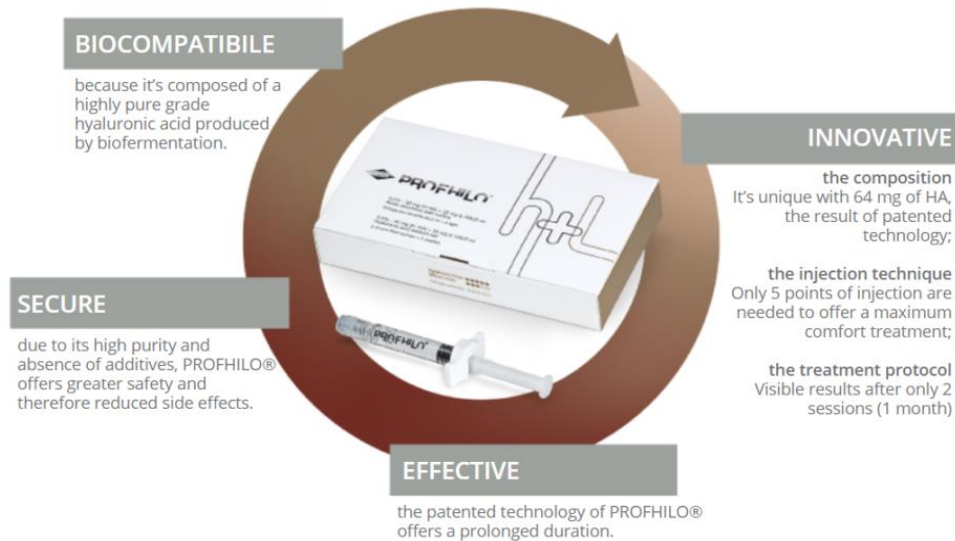




PROFHILO®

BIOREMODELING SKIN LAXITY

A NEW ALLY AGAINST AGING, WHICH NOURISHES THE DERMAL CELLS AND RESTORES FIRMNESS OF THE SKIN, WITH A PROLONGED DURATION.



PROFHILO Skin Booster Aftercare

The following aftercare advice is essential to help reduce the risk of treatment complications, to improve your comfort/healing and to help achieve the best possible results from treatment.

Please follow the aftercare advice for Skin Booster injections.

- Immediately after Skin Booster injections the treatment sites may be red, tender, swollen, bruised and you may have the sensation of heat, itching, & burning, these manifestations can be relieved by applying ice on the treated area, they generally disappear after a short period of time & improve after 48 hours. Swelling is often worse on days 2-3 after injection, improved by day 5 and resolved by 2 weeks.
- For significant swelling contact your practitioner for advice. Swelling may be reduced by regular cold compress, anti-inflammatory medicines such as Ibuprofen (after 24 hours, if safe for you to take), antihistamines and sleeping with your head propped up on 3 pillows to help drainage of fluid overnight.
- Bruising is common following treatment; this will resolve naturally but may take up to 2 weeks to settle.
- Regular application of Arnica cream may be helpful for bruising.
- Tenderness is normal when the injected area is touched afterwards but active pain at rest is not normal. If you experience pain, you must contact your practitioner as soon as possible.
- Avoid any makeup for 24 hours after treatment as this will reduce the risk of infection.
- Do not lie flat or face down for at least the next 48 hours after treatment. Remain upright for 2 weeks after treatment, this can help to reduce product migration.
- Avoid touching or rubbing the treated after for at least 48 hours after treatment, doing so may affect treatment results.
- Avoid any further cosmetic procedures to the treated area for at least 2 weeks following treatment, including permanent makeup and skin treatments.
- Drink plenty of water after treatment to keep well hydrated.





- Avoid alcohol & caffeine for 24 hours.
- Avoid medications such as aspirin or Ibuprofen for 24 hours as they are blood thinning agents and may worsen bruising (if these medications have been advised by your GP you must check with your GP before stopping them)
- Avoid supplements such as multivitamins, fish oils, glucosamine and Vitamin B or Vitamin E, which are blood thinning agents and may exacerbate bruising for 24 hours (if these supplements have been advised by your GP please check with your GP before stopping them)
- Avoid any excess sun exposure, sunbeds and to protect the treated areas with total protection sun creams for the next 3-5, also avoid extremes of hot/cold, saunas, swimming or strenuous exercise until the redness and swelling has settled.
- A rare complication of Skin Boosters is vascular occlusion in which a blood vessel is accidentally blocked. Signs and symptoms include throbbing and aching pain which can be severe, paleness, a cold feeling to the tissue and purple streaky mottling tissue changes. If you notice any of these symptoms you must contact your practitioner as soon as possible, they will guide you through how to perform a capillary refill test and then assess you fully and advise further action if required.
- You must seek medical attention and contact your practitioner if you experience any signs or symptoms of infection after treatment. Infection can present as hot, red shiny skin, there may be pus formation and you may have a fever or feel generally unwell.
- You must seek emergency medical attention if you experience any severe allergy symptoms after treatment. Symptoms may include rash, facial swelling and breathing difficulties.
- You must contact your practitioner as an emergency if you notice any visual disturbance or loss of vision after the Skin Booster injections.
- Contact your practitioner as soon as possible if you notice any other unwanted side effects.
- It is essential that you have read all the information available.

Treatment Consent Form – PROFHILO Skin Booster

Title (Mr, Mrs, Miss, Ms.):

First Name:

Surname:

Address:

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Post Code:

Date of Birth:

Home Tel: Mobile:

E-Mail:(Please tick below to confirm you Agree to the following)

_____ I am voluntarily consenting to PROFHILO Skin Booster Treatments.

_____ I also understand that I may require a series of 2-3 treatments over the next 4 months then, if necessary, maintenance treatments every 2 months (8 weeks) as it is suggested to evaluate the specific PROFHILO protocol according to the patient's degree of ageing. However, I am aware that results are usually almost instant from the first treatment and generally the results can last from 6 to 9 months and even for some clients up to one year depending on each client's skin type factors, such as age, and lifestyle.

_____ I acknowledge that there is no written or implied verbal guarantee, warranty or assurance been made to me regarding the outcome of the procedure.





___ I need to avoid sunbathing, sunbeds, hot baths and showers, saunas, steam rooms and public pools for 10-14 days post treatment.

___ There is a small risk of infection of the treated skin area after the procedure, although this is not expected to occur due to the sterility of the medical devices used.

___ Other side effects immediately after Skin Boosters at injection sites may include, redness, tenderness, swelling, bruising and haematomas, you may even experience the sensation of heat, itching, & burning, these manifestations can be relieved by applying ice on the treated area, they generally disappear after a short period of time & improve after 48 hours. Swelling can be and is often worse on days 2-3 after injections, improved by day 5 and resolved by 2 weeks.

___ I am aware PROFHILO Skin Booster MUST NOT be used in conjunction with treatments such as laser resurfacing & medium-deep peeling.

___ I understand that there is a possibility that a vascular occlusion could occur during or within 24-48 hours after treatment of which signs & symptoms have been explained above in the aftercare. If this was to occur, I am aware that the Skin Booster treatment in that region will need to be dissolved using **Hyaluronidase** of which is needed ASAP to prevent Necrosis of the tissues affected which could lead to a permanent scar in the area treated & I am as the Client responsible to inform the practitioner ASAP who will guide me through how to perform a capillary refill test and then assess me fully if required and advise further action if needed. I am aware if there is any delay on my behalf due to unable to attend ASAP due to an inconvenient time of appointment given by the practitioner on that day, then I take full responsibility of the outcome knowing the full facts, side effects, treatment outcomes and complications and I will not hold the practitioner or clinic responsible should any issues mentioned above occur.

___ I understand PROFHILO Skin Booster Treatments generally can last for approximately 6 to 9 months and even for some clients up to one year depending on each client's skin type factors, such as age, and lifestyle. Another factor is each individual's metabolism excretion of toxins / substances in the body as we are all not the same and each have or very own individual body mechanism

___ I understand that individual results may vary, and no guarantees are made regarding the expected outcomes of this procedure, and I am still happy to proceed with this treatment on this basis.

___ I understand that I must not lie flat or face down for at least the next 48 hours after treatment & remain upright for 2 weeks after treatment, as this can help to reduce Skin Booster product migration.

___ I confirm that the treatment and product being used has been explained to me in full and that I am happy to proceed with the treatment on that basis. I have asked all questions that I may have and received all appropriate aftercare.

___ I understand that I am undertaking this treatment knowing the full facts, side effects, treatment outcomes and complications and I will not hold the clinic responsible should any issues mentioned above occur.

___ I give full consent to the use of my before and after images for marketing purposes. Images will be kept for 6 years and may be used in the event of a claim being brought against the Clinic. They will be stored on a password encrypted hard drive.

___ Under GDPR rule I understand that I have full access to all data held on me. This data will be held by the clinic for no longer than 6 years for insurance purposes, after which, digital information will be deleted permanently, and paper documents will be destroyed. All information on myself is kept on password encrypted hard drives or locked in filing cabinets to which only selective staff members have access. None of my personal data will be sold or used for anything other than to provide the services of this clinic.

Please ensure you understand the potential complications, personal requirements & procedure for PROFHILO Skin Booster treatments being used that have been indicated within this document.

___ I confirm that to the best of my knowledge that the information that I have supplied is correct and that there is no other medical information I need to disclose.





___ I understand that treatments and products is not an exact science and therefore that no guarantee can be given as to the results of the treatment referred to in this document. I accept and understand that the goal of this treatment is improvement, not perfection, and that there is no guarantee that the anticipated results will be achieved.

Any Other side effects advised and mentioned in the aftercare which last more than 2 weeks you must contact your Aesthetic Practitioner who will give appropriate advice.

Anything else you feel your Aesthetic Practitioner needs to know?

My Studio is at my Home Address & all contact details are below in page footer.

Any further Questions, please do not hesitate to get in contact.

Clients with unattainable expectations are not suitable for treatment.

Managing Expectations.

Redness, swelling as well as bruising cannot be predicted or controlled immediately after Skin Booster treatment as you may Look swollen & bruised in the treated area / areas.

If you are a serious worrier – PROFHILO Skin Booster is NOT FOR YOU!!

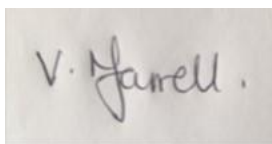
Results take patience - The Human Body is complex – Respect it & let it heal!!

Can you please Read, fill in, sign & date below:

Once you have read and understood all the above, please, print, sign & date the declaration on the dotted line within the document attached, screen shot & send back via email for future reference.

Print Sign Date

Kind Regards



Miss Vanessa Farrell BSc Dental Therapist GDC 112960

If you have suffered a serious side effect, related to the medicine or product used (rather than the technique of the practitioner), you may report to The Medicines and Healthcare Regulatory Authority (MHRA) using The Yellow Card Scheme yellowcard.mhra.gov.uk

