



AESTHETICS
BY VANESSA



flair with care

Non-Surgical Wrinkle Reduction Treatments Aftercare using Botulinum Toxin

As skin ages it loses its elasticity, causing lines and wrinkles to develop. Although this is a natural part of ageing, it's not something you have to live with, anti-wrinkle treatments, target common problem areas.

Prior to treatment, all clients will be given a full facial and neck assessment. The product used is a neurotoxin, so it is very important to discuss the processes and the potential of the look you can achieve, it usually takes around 14 days to see the full effects of each treatment, with results which can last up to 4 months depending upon each individual metabolism.

Upper Face Treatments:-

***Forehead wrinkles

***Crow's feet (Lines around the eyes)

***Vertical '11' lines between eyebrows (Frown Lines)

!! Please Note;- The cost of wrinkle reduction treatments is based upon the number of product vials used for each treatment. Males, and sometimes females have stronger facial muscles of expression & more product is needed; therefore more product is needed thus there will be additional fees. Also if a review is needed after 2 - 3 weeks for any additional top-up of product again this will also require an extra additional fee !!

Wrinkle Reduction Treatments Aftercare

The following aftercare advice is essential to help reduce the risk of treatment complications, to improve your comfort / healing and to help achieve the best possible results from treatment.

After treatment, the skin may be red, swollen and sometimes bruised at the injection sites. These after-effects will resolve naturally, usually within a few days however it may take up to 2 weeks for more extensive bruising to resolve.

Occasionally you may experience a headache after treatment which may last 2-4 days. Usually, this is controlled by taking simple over the counter pain killers such as paracetamol.



V Aesthetics Ltd is trading as Aesthetics by Vanessa. Registered in England. Company No - 13384120

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Please follow the aftercare advice for Botulinum Toxin / Anti-Wrinkle injections.

- Avoid applying makeup to the treated area for 24 hours, this can help reduce the risk of infection.
- Avoid any extremes of temperature for the next 24 hours, for example have a tepid shower or bath rather than hot.
- Avoid exercising or strenuous activity for the first 24 hours post-treatment.
- Do not go swimming or use saunas or steam rooms for at least 24 hours posttreatment.
- No excessive alcohol on the day of the treatment.
- Do not lie flat or face down for at least 48 hours after treatment. Remain upright for 48 hours after treatment, this can help to reduce product migration.
- Avoid touching or rubbing the treated after for at least 48 hours after treatment, doing so may affect treatment results.
- Avoid any further cosmetic procedures to the treated area for at least 2 weeks following treatment, including permanent makeup and skin treatments.
- You must seek medical attention and contact your practitioner if you experience any signs or symptoms of infection after treatment. Infection can present as hot, red shiny skin, there may be pus formation and you may have a fever or feel generally unwell.
- You must seek emergency medical attention if you experience any severe allergy symptoms after treatment. Symptoms may include rash, facial swelling and breathing difficulties.
- Contact your practitioner as soon as possible if you notice any other unwanted side effects.
- You must allow at least 2 weeks before assessing the results of treatment.

If after 2 weeks there is any persistent unevenness, or the product is not fully taken contact your practitioner for a review.

(If a 2-3 Week Top-Up is Needed an extra fee of £40 is required)

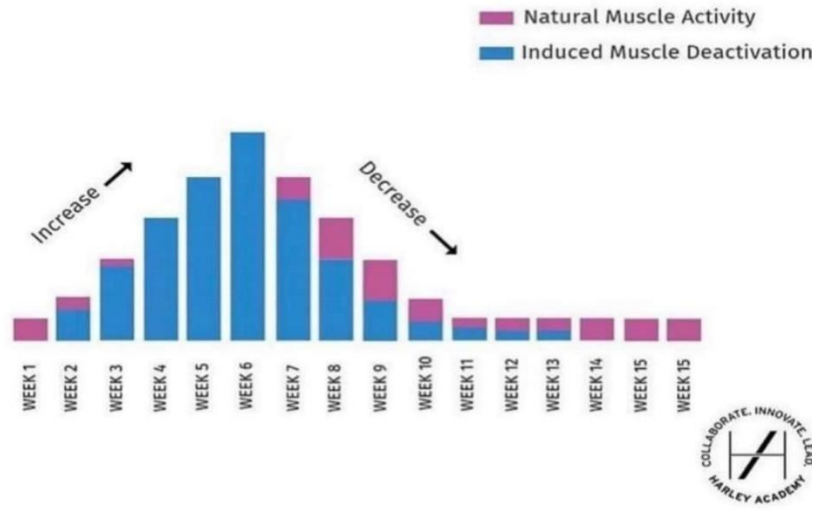
It is essential that you have read all the information available.

Please do let your practitioner know if you have any questions or if you do not understand any of the aftercare instructions provided.





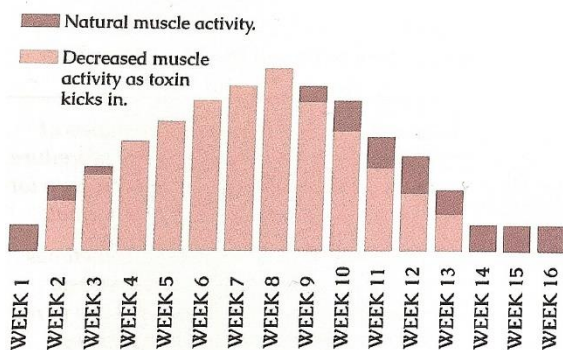
BOTULINUM TOXIN ACTIVITY



AFTERCARE FOR BOTOX

- Do not exercise or do any strenuous activities for 4-5 hours after treatment to avoid any migration of the toxin.
- Keep your head upright as much as possible for 4-5 hours.
- No sunbeds/saunas for 4-5 hours
- Don't touch or massage the area for 4-5 hours after to avoid migration of the toxin.
- Avoid touching the area/applying makeup immediately after.

- Your botox can take up to 2 weeks to take full effect. This is how long it takes for the toxin to block the signal from the nerves to the muscles so that they cannot contract/move; which stops wrinkles forming. Please be patient for this to take effect.
- Each injection point and muscle on the face can take different amounts of time to take effect. This can leave some areas of the face with more or less movement than others. This is perfectly normal and will balance itself out in the 2 weeks. Please be patient.
- You may have some small bruises at the injection sites. This is normal and they will subside in a few days.
- If you are new to botox injections, you may feel a little 'heavy' in your forehead or have headaches. This is normal and will eventually subside as you get used to the toxin.
- The longevity of botox can and does vary from person to person. On average, you will have good results up until the 8-10 week mark where you will start to see some minor movement returning. If movement does start to return sooner, this can be perfectly normal and is usually down to metabolism, exercise or stress for example.
- It is advised you do not rebook your next appointment any sooner than 10 weeks from the initial appointment. This is to avoid over dosing the muscles and to keep the integrity of the skin intact. An optimum time to book to keep on top of the toxin and wrinkles, is every 10-12 weeks; depending on the amount of movement returning.





Treatment Form – Wrinkle Reduction using Botulinum Toxin

Title (Mr, Mrs, Miss, Ms.):

First Name:

Surname:

Address:

.....

Post Code:

Date of Birth:

Home Tel: Mobile:

E-Mail: **(Please tick below to confirm you Agree to the following)**

I am voluntarily consenting to wrinkle reduction treatments using Botulinum Toxin.

I also understand that I may require a series of treatments over the next 12 months every 12 weeks to achieve best results.

I have been informed that treatment can take up to 6-10 days to start to notice any results & 2 weeks before assessing the results of the treatment. Also if after 2 weeks there is persistent unevenness, or the product has not fully taken contact your practitioner for a review.

If a 2-3 Week Top-Up is Needed an extra fee of £40 will be required.

I understand Wrinkle Reduction Botulinum Toxin usually lasts for approximately 3-4 Months or even longer in some clients as it depends upon each individual's body's metabolism excretion of toxins / substances in the body as we are all not the same & have or very own individual body mechanism.

I acknowledge that there is no written or implied verbal guarantee, warranty or assurance been made to me regarding the outcome of the procedure.

I understand that the treatment can cause mild to moderate stinging sensation in the treated area that can last up to 24hrs.

I need to avoid hot baths and showers, saunas, steam rooms and public pools for 48 hours post treatment.

There is a small risk of infection of the treated skin area after the procedure, although this is not expected to occur due to the sterility of the medical devices used.

Other side effects include, bruising, swelling, hematomas and slight reddening of the area that may be present for up to 14 days.

I understand that stopping treatment at any time may cause the original symptoms to return.

I understand that individual results may vary, and no guarantees are made regarding the expected outcomes of this procedure. I am happy to proceed with this treatment on this basis.

I confirm that the treatment and product being used has been explained to me in full and that I am happy to proceed with the treatment on that basis. I have asked all questions that I may have and received all appropriate aftercare.

I understand that I am undertaking this treatment knowing the full facts, side effects, treatment outcomes and complications and I will not hold the clinic responsible should any issues mentioned above occur.

I give full consent to the use of my before and after images for marketing purposes. Images will be kept for 6 years and may be used in the event of a claim being brought against us. They will be stored on a password encrypted hard drive.

Under GDPR rule I understand that I have full access to all data held on me. This data will be held by the clinic for no longer than 6 years for insurance purposes, after which, digital information will be deleted permanently, and paper documents will be destroyed. All information on myself is kept on password encrypted hard drives or locked in filing cabinets to which only selective staff members have access. None of my personal data will be sold or used for anything other than to provide the services of this clinic.



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Please ensure you understand the potential complications and personal requirements of the wrinkle reduction treatments using Botulinum procedure that have been indicated within this document.

I confirm that to the best of my knowledge that the information that I have supplied is correct and that there is no other medical information I need to disclose.

I understand that treatments and products is not an exact science and therefore that no guarantee can be given as to the results of the treatment referred to in this document. I accept and understand that the goal of this treatment is improvement, not perfection, and that there is no guarantee that the anticipated results will be achieved.

Any side effects which last more than 1-2 weeks you must contact your Aesthetic Practitioner who will give appropriate advice.

Anything else you feel I need to know?

My Studio is at my Home Address & contact details are as below.

Any further Questions, please don not hesitate to get in contact.

Clients with unattainable expectations are not suitable for treatment.

Managing Expectations.

Swelling cannot be predicted or controlled immediately after treatment as you may look swollen & bruised in areas treated.

If you are a serious worrier – Wrinkle Reduction Treatments using Botulinum Toxin are NOT FOR YOU!!

Results take patience - The Human Body is complex – Respect it & let it heal!!

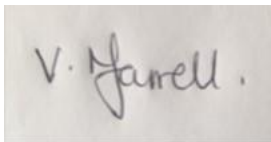
Can you please Read, fill in, sign & date below:

Once you have read and understood all the above, please, print, sign & date the declaration on the dotted line within the document attached, screen shot & send back via email for future reference.

Print Sign Date

Kind Regards

Miss Vanessa Farrell BSc Dental Therapist GDC 112960



Practitioner Signature If you have suffered a serious side effect, related to the medicine or product used (rather than the technique of the practitioner), you may report to The Medicines and Healthcare Regulatory Authority (MHRA) using The Yellow Card Scheme yellowcard.mhra.gov.uk

